



## OCTOBER 2024: Pre-K - 8 Breakfast Menu With Halal Option (H)

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	Rosh Hashanah 3	Rosh Hashanah 4
<p style="font-size: small; color: green; text-align: center;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p><b>Rise and Shine Waffles (V) (H)</b> Blueberry Topping (H)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Egg and Cheese on a Buttermilk Biscuit (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Apple Cinnamon Breakfast Bread (V) (H)</b></p> <p><b>Egg &amp; Cheese on a Soft Roll (V) (H)</b></p> <p><b>Colby Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Whole Grain Bagels (Ind) (VE) (H)</b> served with Cream Cheese (V) (H) &amp; Jelly (VE) (H)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>
7	8	9	10	11
<p><b>Blueberry Breakfast Bread (V) (H)</b></p> <p><b>Colby Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Buttermilk Pancakes (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Whole Grain Croissant With Egg and Cheese (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Honey Corn Breakfast Bread (V) (H)</b></p> <p><b>Egg &amp; Cheese on a Soft Roll (V) (H)</b></p> <p><b>Cheddar Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Whole Grain Bagels (Ind) (VE) (H)</b> served with Cream Cheese (V) (H) &amp; Jelly (VE) (H)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>
Italian Heritage/Indigenous Peoples Day 14	15	16	17	18
<p><b>Banana Breakfast Bread (V) (H)</b></p> <p><b>Cheddar Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Rise and Shine Waffles (V) (H)</b> Blueberry Topping (H)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Egg and Cheese on a Buttermilk Biscuit (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Apple Cinnamon Breakfast Bread (V) (H)</b></p> <p><b>Egg &amp; Cheese on a Soft Roll (V) (H)</b></p> <p><b>Colby Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Whole Grain Bagels (Ind) (VE) (H)</b> served with Cream Cheese (V) (H) &amp; Jelly (VE) (H)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>
21	22	23	24	25
<p><b>Blueberry Breakfast Bread (V) (H)</b></p> <p><b>Colby Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Buttermilk Pancakes (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Whole Grain Croissant With Egg and Cheese (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Honey Corn Breakfast Bread (V) (H)</b></p> <p><b>Egg &amp; Cheese on a Soft Roll (V) (H)</b></p> <p><b>Cheddar Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Whole Grain Bagels (Ind) (VE) (H)</b> served with Cream Cheese (V) (H) &amp; Jelly (VE) (H)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>
28	29	30	31	
<p><b>Banana Breakfast Bread (V) (H)</b></p> <p><b>Cheddar Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Rise and Shine Waffles (V) (H)</b> Blueberry Topping (H)</p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Egg and Cheese on a Buttermilk Biscuit (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	<p><b>Apple Cinnamon Breakfast Bread (V) (H)</b></p> <p><b>Egg &amp; Cheese on a Soft Roll (V) (H)</b></p> <p><b>Colby Cheese Stick (V) (H)</b></p> <p style="color: purple;">Seasonal Fresh Fruit (VE) (H)</p>	

**Milk**

1% Low-fat (V) (H)  
Fat Free (V) (H)  
Fat Free Chocolate (V) (H)  
Alternative options are available upon request

**Breakfast After the Bell Grab and Go (H)**

**Alternative Breakfast Grab and Go (H)**  
(Cereal, Fruit and Milk)

**OFFERED DAILY**

Options may vary by location

**Cold Cereal Choices**  
Multi-Grain Oats (VE) (H)  
Toasted Oats (VE) (H)  
Oat Circles (VE) (H)

**Seasonal Fresh Fruit**  
Apples, Apple Slices, Cantaloupe, Grapefruit, Grapes, Honeydew, Oranges, Pears, Plums, Bananas, Watermelon, and Strawberries (VE) (H)

**Condiments**  
Syrup (H) (VE)

**OFNS has an extensive Prohibitive Ingredients List available at:**

**ATTENTION:**

• All Pre-K Students CANNOT be Offered CHOCOLATE MILK

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.

• **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.